



## “When One Door Closes” — Worksheet —

Do you ever find yourself thinking, “When one door closes, another one is supposed to open. So ... when is it gonna open???”

Or as they say, “When one door closes, don’t get stuck in the hallway!”

In this episode, we’ll be talking about why this holding pattern doesn’t mean we’re the effect of the universe. We’re actually “holding” a very important space for what comes next.

### 3 Takeaways

- 1) How to patiently get through this holding pattern — stay open to wisdom, clarity, and ask for insights
- 2) How to be productive during this holding pattern —step into creative brainstorming
- 3) A surprising reason we might get stuck in a holding pattern ... we’re helping someone else through THEIR lesson, but we mistakenly think we’re the one who’s stuck

### Biggest Mistake to Avoid

Trying to fix it all today. All we can do is find the NEXT step.

### Recommended action?

Create and connect with positive energy (so that we aren’t creating from resistance).



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