

unlock your *hidden* power

Dissolve the obstacles in your path and bring success TO YOU!

Rémy Chausse



“When Faced With a Conundrum” — Worksheet —

You're feeling frustrated, confused, and maybe even defeated at the situation you're in. It presents a conundrum of indecision, and you end up feeling stuck and wondering how you can possibly break free of the quagmire.

This worksheet summarizes what to do when you find yourself asking, “Maybe I should walk away from this?”

3 Takeaways

- 1) The conundrum is irrelevant. It's the *energy* that *underlies* the situation that's the actual problem.
- 2) If you're responding to the situation in a negative way, then things CAN'T change. Period.
- 3) You **MUST** do something different. So change the energy behind the situation.

Biggest Mistake to Avoid

Trying to muddle through with the same overwhelm, indecision, or frustration. When we can create positive energies *no matter what's happening ...* when you can hold true to your vision ... that's when everything changes.

Recommended action?

Ask, “How can I step up to a new level of opportunity?” instead of walking away.



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at 10am PST

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