



“Unlock the Next Stage” — Worksheet —

Rather than get caught up in thinking-thinking-thinking about all the things that are frustrating us, how can we move forward and unlock the next stage of success?

In this episode, we'll be talking about the Crystallize & Materialize Formula™ and how not to mess up the “materialize” step.

3 Takeaways

- 1) Without crystal clear clarity, the universe will receive a confused vibration and may send unwanted results.
- 2) Surrendering to the grace of the situation, and holding gratitude even if we don't yet see the purpose of what we're going through yet, will help unlock the next stage of success.
- 3) The “materialize” step includes allowing our vision to come to fruition (and not getting hung up in the negative vibrations that block it).

Biggest Mistake to Avoid

Looking at what's wrong, instead of what's going right or the blessings that are already present. When we do this, it pushes away the very thing we've worked so hard to crystallize.

Recommended Action

Get *unapologetically clear* about what you want to create for yourself. What does success look like for you when you show up as your highest and best self?



Join us every Thursday
at 10am PST

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