

Your Soul-Spirit Contract

When your soul and your spirit come together and make a contract, you step into your power. Your soul and your spirit *combine* and together it creates a new powerful energy. Some people call this "living your life's purpose". We can call it many things, but sometimes it's just a matter of playing to your spiritual strengths.

In this episode, we'll talk about how to step into your full spiritual power!

3 Takeaways

- · Fear is testing your spirit for life
- Your soul has a specific purpose for being here
- One definition of soul is: Beingness without fear (or beingness with only a spiritual perspective, no ego)

Assignment:

- 1) Write down two of your own energies
- 2) Write down two ways you enjoy expressing your energy when interacting with others
- 3) What experience would you like *others* to have while they're here on this earth?
- 4) Combine #1, #2 and #3 into a cohesive statement

Ex: "I use my natural exuberance and contagious energy to teach and inspire others to use <u>alchemy</u> to transform their challenges into successes."



Join us every Thursday at 10am PST http://unlockyourhiddenpower.com/

Biggest Mistake to Avoid

When you're busy taking *massive action*, you aren't allowing a connection where you can *receive*

What's Next?

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