

unlock your *hidden* power

Dissolve the obstacles in your path and bring success TO YOU!

Rémy Chausse



What Do You Believe In?

Overcoming negative, limiting beliefs is one of the biggest battles we'll ever face. One of the common questions I hear is, "What ARE limiting beliefs, and how do I know what mine are?"

Why try to FIND those blocks if your time could be spent more productively, in looking for the positive beliefs that can serve you so well? If you'd rather focus on your strengths than your unknown weaknesses, then this episode is for you!

3 Takeaways

- A limiting belief is a negative thought that plays over and over until it becomes a pattern ... a belief.
- Who are you, and what do you stand for? All your life experiences have led you to a place where you can discern those things that are right for you. What's right for you might not be right for someone else, but who's running your life? So it's okay to be YOU.
- Sometimes we have to go down the *wrong* path in order to see what the *right* path is. And then we can simply course-correct.

Assignment:

1. On a paper, write down 10 things you believe in
2. Identify your ONE strongest belief
3. This is the one belief that can likely help you create a new level of success

Biggest Mistake to Avoid

Allowing Ego to let you look for limiting beliefs (because it will take you down a rabbit hole and go to the ends of the earth to prove itself right).



Join us every Thursday
at 10am PST

<http://unlockyourhiddenpower.com/>

What's Next?

Reserve your ticket for the upcoming Success Circle Workshop. Our programs fill up fast, and seats are limited, so grab your spot now: <http://successcircleworkshops.com/>

Unlock Your Hidden Power and Literally Bring Success TO You!

Reserve Your Seat